

# MY SELF-ADVOCACY presentation

## About me

- **Varun Naren**
- Baker, Photographer, Artist-Caricature artist, Doodler , Coder
- A 25-year-old young confident, witty adult with an infectious smile .
- I have been diagnosed with Fragile X syndrome, a single gene cause of autism and intellectual disability



# My family

- I was born in Chennai, but I grew up in Mumbai
- I live in Mumbai with my dad , mom and grand-mom
- My friends live in different cities of India, but I see them regularly in my zoom classes





## Words that best describe me

- Witty
- Compassionate
- Hard working
- Fun
- Helpful
- Punctual



# My strengths

- Excellent visual memory
- Imitation skills
- Excellent long-term memory
- Excellent sense of humour
- Enjoy social interaction



# My Talents

- Doodling
- Caricature portraits
- Painting
- Teaching
- Baking
- Photography
- Coding





# My favourite things

- Watching movies
- Listening to music
- Watching American shows
- Actress Anna Kendrick
- Drawing
- Teaching
- Dancing and singing
- Animals –dogs, cats, horses
- Making YouTube videos
- Everything Disney



## Things to keep in mind while working and interacting with me

- Please stay at a distance from me as I need my personal space
- Greet me with a high five
- Do not force me with eye contact
- Please be punctual
- Ask me to repeat slowly if you don't understand what I say
- Let me know of any change in routines before hand
- Give me space and some me time when I am anxious
- Model and show me as I learn well that way
- Water helps me keep calm and also listening to music
- Give me simple clear instructions



# THANK YOU

Contact me on

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